



Superkids 16 oz Liquid



Superkids Chewable Tablets

Nutritional Facts

	Amount Per Serving	% Daily Value
Calories	8.3	
Total Carbohydrate	2 g	.66%*
Sugar Alcohols (as Xylitol)	1 g	†
Vitamin A [from 60% Retinyl Palmitate & 40% Beta-Carotene (as pro-Vitamin A 1.2 mg)]	1,666 IU	33%
Vitamin C (as Ascorbic Acid)	83 mg	140%
Vitamin D (as Ergocalciferol)	133 IU	33%
Vitamin E (from d-alpha Tocopheryl Acetate)	33 IU	110%
Vitamin B-1 (from Thiamine Hydrochloride)	3.3 mg	223%
Riboflavin (Vitamin B-2)	3.3 mg	196%
Vitamin B-3 (from Niacinamide)	8.3 mg	42%
Vitamin B-6 (from Pyridoxine Hydrochloride)	3.3 mg	166%
Folate (as Folic Acid)	133 mcg	33%
Vitamin B-12 (as Cyanocobalamin)	33 mcg	556%
Biotin	33 mcg	12%
Vitamin B-5 (from Calcium d-Pantothenate)	8.3 mg	83%
Calcium (from Calcium Carbonate)	8.3 mg	1%
Iodine [from Kelp (Laminaria digitata)]	25 mcg	17%
Magnesium (from Magnesium Oxide)	3.3 mg	1%
Zinc (from Zinc AAC)	1 mg	7%
Selenium (from Selenopure™ L-selenomethionine)	5 mcg	7%
Manganese (from Manganese AAC)	.6 mg	33%
Chromium (from Chromium Chelavite® AAC)	3.3 mcg	2.6%
Potassium (from Potassium Chloride)	8.3 mg	<1%
Orange Juice Powder	33 mg	†
Vitaberry™ HI-ORAC Fruit Blend	17 mg	†
Aloe Vera Juice	17 mg	†
Colloidal Minerals (Fulvic Acid)	17 mg	†
Rice Protein Concentrate (from Non-GMO Brown Rice)	10 mg	†
Choline (from Choline Bitartrate)	8.3 mg	†
Inositol	8.3 mg	†
Kelp (Laminaria digitata)	5 mg	†
Grapeseed Extract (Vitis Vinifera) (90% Polyphenols)	3.3 mg	†
Citrus Bioflavonoids	3.3 mg	†
Lutein (from Marigold Extract)	33 mcg	†
Lycopene (from Natural Tomato Extract)	33 mcg	†

* Percent Daily Values are based on 2,000 calorie diet.
† Daily Value not established.

Nutritional Facts

	Amount Per Serving	% Daily Value (children over 4 yrs)	% Daily Value (children under 4 yrs)
Calories	5		
Total Carbohydrate	2 g		
Sugar	0 g	†	
Xylitol	2 g		
Vitamin A (60% as Retinyl Palmitate and 40% as Beta-Carotene)	5000 IU	100%	200%
Vitamin C (as Ascorbic Acid)	60 mg	100%	150%
Vitamin D (as Ergocalciferol)	200 IU	50%	50%
Vitamin E (from d-alpha Tocopheryl Acetate)	30 IU	100%	300%
Vitamin B-1 (from Thiamine Hydrochloride)	1.5 mg	100%	214%
Riboflavin (Vitamin B-2)	1.7mg	100%	213%
Vitamin B-3 (from Niacinamide)	20 mg	100%	222%
Vitamin B-6 (from Pyridoxine Hydrochloride)	2 mg	100%	286%
Folate (as Folic Acid)	400 mcg	100%	200%
Vitamin B-12 (as Cyanocobalamin)	6 mcg	100%	200%
Biotin	300 mcg	100%	200%
Pantothenic Acid (from Calcium Pantothenate)	10 mg	100%	200%
Calcium (from Calcium Citrate and Calcium Carbonate)	20 mg	2%	3%
Iron (from Ferrochel® Ferrous Bisglycinate) (TRAACS®)	5 mg	28%	50%
Iodine (from Potassium Iodine)	150 mcg	100%	214%
Magnesium (from Magnesium Citrate)	10 mg	3%	5%
Zinc (from Zinc Basglycinate) (TRAACS®)	3 mg	20%	38%
Manganese (from Manganese Basglycinate) (TRAACS®)	.1 mg	5%	†
Chromium (from Chromium Picolinate)	120 mcg	100%	†
Molybdenum (from Sodium Molybdate)	75 mcg	100%	†
Potassium (from Potassium Chloride)	5 mg	< 1%	†
Choline (from Choline Bitartrate)	2 mg	†	†
Inositol	2 mg	†	†
PABA	2 mg	†	†
Lutein (from Marigold Extract) (FloraGLO®)	500 mcg	†	†
Lycopene (from Natural Tomato Extract)	500 mcg	†	†

* Percent Daily Values are based on 2,000 calorie diet.
† Daily Value not established.